

2010 Policy Update

Fee Schedule:

\$220 – 45-minute therapy appointment

\$160 – 20-minute medication management appointment

Missed Appointment/Cancellation Policy:

Please give us 24 hours notice to cancel any appointment that you will be unable to attend. If you do not cancel before the 24-hour window, you will be charged the full amount of that appointment, regardless of the reason.

Also, please be advised that all of our patients are responsible for managing their own appointments. We will not call to remind you of your appointments.

The reasons behind this policy are many, but most importantly this allows us to administer to you and our other patients as thoroughly and carefully as possible. If we block that time for you, and you do not cancel soon enough or simply don't use it, no one else can use that time either. This is unfair to others who may have a real need to come in but cannot do so because the schedule is full.

Another very important consideration is the nature of psychiatric disorders themselves. Some people experiencing difficulties with various stressors may wish to avoid dealing with them at the very last minute because they fear it will be quite uncomfortable. Others may be facing difficulties caused by not handling responsibility appropriately. The charge for late cancellations/missed appointments is an incentive to stay on track with what you have agreed and planned to do, rather than be derailed by the emotions of the moment.

In other words, it is part of the therapeutic process to expect people to keep planned appointment times and to deal with the consequences of their actions even if those actions are unintentional.

Medication Refill Policy:

Medications and their management can be a large part of treatment. Because of this, and the nature of the medications used to treat psychological disorders, prescription management should be confined to your regularly scheduled appointments. We ask for your help making sure that all of your prescriptions are current before you leave each appointment, and you have enough medication to last until we see you again.

If you do need a prescription called into a pharmacy before your next scheduled appointment, please give us 2 business days to fulfill your request. Also know that there will be a \$10 charge for all prescription requests made outside of an appointment.

Phone Consultation Policy:

In order that we better serve you and our other patients, we ask that you schedule an appointment to discuss matters such as medication side-effects or changes, and/or life changes that have an affect on your well-being. If you need to have a conversation with the doctor about such matters, and are unable to schedule an office visit, or at the very least a phone appointment, please know that the following rates will apply:

\$100 – phone consultations lasting up to 10 minutes

\$160 – phone consultations lasting longer than 15 minutes