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HAMILTON DEPRESSION RATING SCALE

The total Hamilton Depression (HAM-D) Rating Scale provides an indication of depression and, over time, provides a valuable guide to progress.

Classification of symptoms which may be difficult to obtain can be scored as: 0 - absent; 1 - doubtful or trivial; 2 - present. Classification of symptoms where more detail can be obtained can be expanded to: 0 - absent; 1 - mild; 2 - moderate; 3 - severe; 4 - incapacitating. In general the higher the total score the more severe the depression.

HAM-D score level of depression: 10 - 13 mild; 14-17 mild to moderate; >17 moderate to severe.

HAM-D Rating Scale	Pre-treatment	1st follow up	2nd follow up
Symptoms	Date: _____	Date: _____	Date: _____
1. Depressed mood	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
2. Guilt feelings	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
3. Suicide	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
4. Insomnia - early	0 1 2	0 1 2	0 1 2
5. Insomnia - middle	0 1 2	0 1 2	0 1 2
6. Insomnia - late	0 1 2	0 1 2	0 1 2
7. Work and activities	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
8. Retardation - psychomotor	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
9. Agitation	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
10. Anxiety - psychological	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
11. Anxiety - somatic	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
12. Somatic symptoms GI	0 1 2	0 1 2	0 1 2
13. Somatic symptoms -General	0 1 2	0 1 2	0 1 2
14. Sexual dysfunction - menstrual disturbance	0 1 2	0 1 2	0 1 2
15. Hypochondrias	0 1 2 3 4	0 1 2 3 4	0 1 2 3 4
16. Weight loss- by history	0 1 2	0 1 2	0 1 2
- by scales	0 1 2	0 1 2	0 1 2
17. Insight	0 1 2	0 1 2	0 1 2

TOTAL SCORE: _____